

Pre- Med

(Premeditated)

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In ones life, you experience so much controversy that when you look back.. you wonder how you ever survived near fatal catastrophes.

They say, 'What doesn't kill you, will make you stronger..', but where does this strength go? Does this pain make you mentally or physically stronger... and furthermore... is it safe?

Millions of people watch the news, read newspapers and magazines to either hear or find about things happening in the neighborhood, city, state... even throughout the country. Whether good or bad, viewers tune in to see who has problems worse than theirs, cause the grass is always greener on the other side.

And when that one headlining story comes, it's almost impossible to watch and listen to simultaneously to every detail. But instead of turning, they still watch, read and/or listen... mostly with the thought of, 'How could someone do that?' or 'What the fuck was on their minds?'

It would seem almost impossible to mentally conjure up enough situations to visualize justification of one person inflicting so much damage.

When it hurts so much to think of the past, only to be reminded that the same pain is presently still haunting your every awoken breath. How much torture must one endure to be pushed past the brink of sanity. When you try to be a more sincere and honest person due to personal past experiences... only to have your genuine compassion countered by fake friends, half concerned family and undecieve enemies.

When everyday you post pretend smiles hoping to disguise the continuous pain in which most others call life, without care or worries of in-depth problems.

This is what can be considered, a "Cluster-fuck-of-trouble". When one person can literally have conversations with various people, yet show empathy and honestly say.. "I understand".. being through/(or) know someone who went through something similar.

And when the "Cluster-fuck-of-trouble" has reached its limit, or as in therapeutic terms... The Slush Bucket starts to overflow.

The end result is always someone catching a 'first hand look' and possibly thinking...

This Can't be Life?!